Getting Rid of Superstition towards Addressing Ableism

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#### Introduction

Revolutions of people's ideology have been pushing forward the progress of human beings, which reflect on getting rid of superstition. In Europe, the Enlightenment brought people democracy, emancipating people from the oppression of feudalism; In modern China, getting rid of cult of Mao makes Chinese become wealthier and happier. Nowadays, we are embracing the benefit of democracy and science, but we are facing a new superstition, ableism. To addressing ableism, we have to realize that all men are created equal and nobody can take their advantages for granted.

### The relationship between superstition and ableism

Superstition is based on old ideas, which shackles the development of human beings. Superstition is difficult to be identified especially for some people who live in totalitarian societies, most of which use superstition as a weapon to politicize the societies and to control people. When it comes to superstition, we immediately go to religion. This is partially right, because some societies not controlled by religion also experienced or are experiencing bad effects of superstition. In the context of ableism, superstition is utilized by whom in dominant groups trying to highlight their priorities.

Ableism lies in social model, which is one of the results of internal and external privilege.

()This examination is hidden in curriculum by teaching students through a unified norm. In China, there are special schools for disabled students, but most students who have disabilities are not tested and enroll in regular schools. Those disabled students will face off other students through a crucial unified examination called China's College Entrance Examination. This

examination makes those disabled students become depressed and segregated from other students. Furthermore, Chinese society doesn't provide an inclusive environment for disabled people but creates superstition that the disabled should be eliminated based on natural selection. The relationship between superstition and ableism is the one that lies in some societies because of poverty and totalitarian, so to address these issues, those societies should reform their educational system, including disabled students in.

#### How to address ableism

To address ableism, dominant groups must give up their ingrained prejudice, caused by superstition, to those who have different physical or behavioral characteristics. Dominant group receive education with superstition that they are the best, others should be eliminated by God. In order to address these thoughts, we must analyze why dominant groups take advantage of the disabled, so that we can create inclusive environment for making dialogues between those two groups of people.

The people of dominant groups can be roughly divided into two groups further: people who have limited knowledge of privilege and people who know exactly what is privilege. In terms of the former, educators should tell them how to treat other people equally, by giving up the believe of having superiority. The latter take advantage of their privilege controlling others, such as the example of the white woman who called police on black bird watcher in central park. The latter's behavior need to be addressed through all positive powers of societies. Dealing with ableism is a difficult one, which is needed within the stable progress of societies.

#### **Conclusion**

Through the analysis of the relationship between superstition and ableism and the solution of addressing ableism, we can see that this is a social problem. Some totalitarian societies utilize crucial competition to solidly their rules, by depriving the rights of minorities. Getting rid of superstition cannot be done immediately, but we can do something to rectify some wrong ideas caused by superstition. The most important thing is for us to encourage dialogues between people, instead of creating separation between them.

# References

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